

B R E A K F A S T O P T I O N S



Lentil Squash Soup

**A spiced Lentil Butternut Squash soup made with creamy coconut milk.
(Vegetarian)**

Blueberry Oats

**Creamy Butternut Cinnamon Oatss with All Natural Blueberry Puree.
(Vegetarian)**



Salmon Quiche Muffins

Salmon Quiche Muffins on Sweet Potato French Toast.

LUNCH OPTIONS

Chicken Stuffed Eggplant

**A Balsamic Eggplant
Stuffed with Sauteed
Chicken Breast with
potato wedges**



Coconut Chicken Soup

**A Creamy and Refreshing
Coconut Chicken Soup**